



Using the Hill's Healthy Weight Protocol e-tool

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<http://quickreco.com>

Access the Hill's Healthy Weight Protocol e-tool via Quick Reco will allow the user to login/register through the normal means using SSO/Profiles.
Note: First time users see Section 10.

Press "Get Started to populate the Recommendation Details with defaults for Healthy Weight Protocol:
Condition – **Overweight Pets**
Sub Condition – **Weight reduction**

2

www.hillsquickreco.com/hwp

Access the Hill's Healthy Weight Protocol e-tool by keying in the above url will take the Vet professional directly to Recommendation Details page. The Vet Professional must key in:
Condition – OVERWEIGHT PETS
Sub Condition – Weight reduction
Product – Prescription Diet™ Metabolic Canine

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Quick Recommendation

[Manage Clinic](#) | [Feedback](#) | [Logout](#)
[Manage Account](#)

Recommendation was successfully created.

New Recommendations

History

Get the new
HILL'S HEALTHY WEIGHT PROTOCOL

translation missing: en, craftworks, hwp, install_mobile_app



THE UNIVERSITY of
TENNESSEE

Developed and validated in partnership with
veterinarians at the University of Tennessee.



Customise Recommendation

The Healthy Weight Protocol more effectively assesses an overweight patient's ideal weight, determines their increased health risks and creates a feeding plan for successful weight loss. Need help? Visit our HWP resources section on



Product Prescription Diet™ Metabolic



Canine



Condition OVERWEIGHT PETS

Sub Condition Weight reduction

Clinician name

Friday Firday

Title

Select

Owner's Name

Pet's Name

Breed

Select

Pet Age

Select

Instructions

Product Mixture

☐ Canned Food

☐ Dry Food

☐ Dry and Canned Mixed 25% / 75%

☐ Dry and Canned Mixed 50% / 50%

☐ Dry and Canned Mixed 75% / 25%

Product 1

Product 2

Gender

☐ Female

☐ Male

☐ Neutered Male

☐ Spayed Female

Actual Weight

CALCULATE IDEAL WEIGHT

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Customise Recommendation

Add details to further define the recommendation before calculating the BFI or Ideal Weight.

Note: All fields are required except for Instructions.

Clinician name

Friday Firday

Title

Ms

Owner's Name

Pet's Name

Breed

Select

Product Mixture

☐ Canned Food

☐ Dry Food

☐ Dry and Canned Mixed 25% / 75%

☐ Dry and Canned Mixed 50% / 50%

☐ Dry and Canned Mixed 75% / 25%

Product 1

Product 2

Gender

☐ Female

☐ Male

☐ Neutered Male

☐ Spayed Female

Actual Weight

Breed is a “new” required field.

✓

Pet age must be at least 1 year old

Pet Age

Select

Gender

☐ Female

☐ Male

☐ Neutered Male

☐ Spayed Female

Actual Weight

Actual Weight is in kilograms

CALCULATE IDEAL WEIGHT

Calculate Ideal Weight will advance to the Healthy Weight Calculator after validating required fields.

Healthy Weight Protocol User Guide

Page 2

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Healthy Weight Calculator

The morphometric measurements are the heart of this powerful new diagnostic tool giving you an objective and clinically proven method to accurately determine a patient’s ideal body weight and body fat percentage (BFI). Accurate body measurements are important to ensure an accurate result. Every effort should be made to be as close as possible to the skin surface. The measuring tape should be snug around the body part, but not so snug that it causes an indentation. Record the numbers in centimeters to one decimal point. Double check your measurements.



Quick Recommendation

[Manage Clinic](#) | [Feedback](#) | [Logout](#)
[Manage Account](#)

Recommendation was successfully updated.

New Recommendations

History

QuickReco now also features the
HILL'S HEALTHY WEIGHT PROTOCOL
translation missing: en, craftworks, hwp, install_mobile_app



Developed and assessed in partnership with veterinarians at the University of Tennessee.

Healthy Weight Protocol

The Healthy Weight Protocol more effectively assesses an overweight patient's ideal weight, determines their increased health risks and creates a feeding plan for successful weight loss. Need help? Visit our HWP resources section on <http://www.HillsVet.xx/HWPresources>

CLIENT

theowner

THEPET

NEUTERED MALE : (24 MONTHS)

CURRENT WEIGHT: 90.0 KG



PROFILE

HEALTHY WEIGHT CALCULATOR

BFI RISK CHART

WEIGHT LOSS SCHEDULE

MEASURE AN OVERWEIGHT PATIENT TO DETERMINE ITS HEALTHY TARGET WEIGHT

Weight (current) 90.0 kg

Head Length cm

Head Circumference cm

Front Leg Length cm

Hind Leg Length cm

CALCULATE

SKIP THIS STEP

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Canine – Four Measurements

Cooperative dogs can usually be measured by one person with the dog in a normal sitting or standing position.

Instructions for each measurement are available by clicking in the field.

HEALTHY WEIGHT CALCULATOR

BFI RISK CHART

WEIGHT LOSS SCHEDULE

MEASURE AN OVERWEIGHT PATIENT TO DETERMINE ITS HEALTHY TARGET WEIGHT

Weight (current) 90.0 kg

Head Length cm

Head Circumference cm

Front Leg Length cm

Hind Leg Length cm

CALCULATE

SKIP THIS STEP



Measure from the level of the medial canthus equidistant between the eyes to the external occipital protuberance.

Each measurement will be verified for accuracy upon selecting the Calculate button and an acceptable range will be echoed in the message.

HEALTHY WEIGHT CALCULATOR

BFI RISK CHART

WEIGHT LOSS SCHEDULE

MEASURE AN OVERWEIGHT PATIENT TO DETERMINE ITS HEALTHY TARGET WEIGHT

Head Circumference 3.2 cm

Message from webpage



Head Circumference must be between 5 and 100

OK

The measurements entered for these inputs appear to be outside of expected ranges. Please double check your measurements to ensure accuracy.

Feline – Six Measurements

Ideally cats should be measured using two people one to hold the patient and the other to execute the measurements. The measurements can be made with the cat in a normal sitting or standing position.

Hill's

Quick Recommendation

Recommendation was successfully updated.

Manage Clinic | Feedback | Logout

Manage Account

+ New Recommendations

History

QuickReco now also features the
HILL'S HEALTHY WEIGHT PROTOCOL
Revisit HillsQuickReco.com/hwp on your mobile device and install the HWP
Apple or Android application.



THE UNIVERSITY of
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Healthy Weight Protocol

The Healthy Weight Protocol more effectively assesses an overweight patient's ideal weight, determines their increased health risks and creates a feeding plan for successful weight loss. Need help? Visit our HWP resources section on <http://www.HillsVet.xx/HWPresources>

CLIENT

the owner

THE PET

MALE : (36 MONTHS)

CURRENT WEIGHT: 8.4 KG



PROFILE

HEALTHY WEIGHT CALCULATOR

BFI RISK CHART

WEIGHT LOSS SCHEDULE

MEASURE AN OVERWEIGHT PATIENT TO DETERMINE ITS HEALTHY TARGET WEIGHT

Weight (current)8.4kg

Head Circumferencecm

Thoracic Circumferencecm

Front Leg Circumferencecm

Front Leg Lengthcm

Hind Leg Lengthcm

Body Lengthcm

CALCULATE

SKIP THIS STEP

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Healthy Weight Calculator (cont.)

In those cases where the patient is not cooperative, The Vet Professional can choose to skip the Healthy Weight Calculator Step.

HEALTHY WEIGHT CALCULATOR

BFI RISK CHART

WEIGHT LOSS SCHEDULE

MEASURE AN OVERWEIGHT PATIENT TO DETERMINE ITS HEALTHY TARGET WEIGHT

Weight (current)

kg

Head Circumference

cm

Thoracic Circumference

cm

Front Leg Circumference

cm

Front Leg Length

cm

Hind Leg Length

cm

Body Length

cm

CALCULATE

SKIP THIS STEP

Successful measurements will result in the calculation of Ideal Weight and Body Fat Index.

<u>HEALTHY WEIGHT CALCULATOR</u>	BFI RISK CHART	WEIGHT LOSS SCHEDULE
MEASURE AN OVERWEIGHT PATIENT TO DETERMINE ITS HEALTHY TARGET WEIGHT		
Weight (current)	8.4	kg
Head Circumference	24.3	cm
Thoracic Circumference	52.1	cm
Front Leg Circumference	8.2	cm
Front Leg Length	15.8	cm
Hind Leg Length	9.1	cm
Body Length	59.9	cm
CALCULATE <input checked="" type="button" value="SKIP THIS STEP"/>		

Use tailor's tape to measure from tip of the nose to base of tail where it meets the body. Hold tape along the dorsal midline following contours of head, neck and back.



NEXT : BODY FAT INDEX

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BFI Risk Chart

The BFI Risk Chart is a powerful visual that graphically shows pet owners their pet's body fat index (BFI) along with their level of risk for weight related health issues. In the absence of measurements, the Vet Professional can enter the appropriate Body Fat Index and calculate an Ideal Weight. With measurements, the BFI Chart will show the Vet Professional and the owner the Risk level for the overweight pet.

Hill's Quick Recommendation | Manage Clinic | Feedback | Logout | Manage Account

+ New Recommendations | History

QuickReco now also features the **HILL'S HEALTHY WEIGHT PROTOCOL**. Revisit [HillsQuickReco.com/hwp](http://www.HillsVet.com/hwp) on your mobile device and install the HWP Apple or Android application.

Healthy Weight Protocol
The Healthy Weight Protocol more effectively assesses an overweight patient's ideal weight, determines their increased health risks and creates a feeding plan for successful weight loss. Need help? Visit our HWP resources section on <http://www.HillsVet.com/HWPResources>

CLIENT
the owner

THE PET
MALE : (36 MONTHS)
CURRENT WEIGHT: 8.4 KG



PROFILE

HEALTHY WEIGHT CALCULATOR | **BFI RISK CHART** | WEIGHT LOSS SCHEDULE

USE THE BFI RISK CHART TO ESTIMATE PATIENT'S BFI

Weight (current) 8.4 kg
Body Fat Index 60.3 %

NEXT CALCULATE

Ideal Weight 4.17 kg

Risk Level	Body Fat Range
Low Risk	15-25% Body Fat
Moderate Risk	25-35% Body Fat
High Risk	35-45% Body Fat
Serious Risk	45-55% Body Fat
Severe Risk	55-65% Body Fat
Extreme Risk	65-75% Body Fat

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The Vet Professional can choose to enter a different weight and / or Body Fat Index and Calculate a new Ideal Weight and new Chart.

HEALTHY WEIGHT CALCULATOR | **BFI RISK CHART** | WEIGHT LOSS SCHEDULE

USE THE BFI RISK CHART TO ESTIMATE PATIENT'S BFI

Weight (current) 6.8 kg
Body Fat Index 49 %

NEXT CALCULATE

Ideal Weight 4.33

Risk Level	Body Fat Range
Low Risk	15-25% Body Fat
Moderate Risk	25-35% Body Fat
High Risk	35-45% Body Fat
Serious Risk	45-55% Body Fat
Severe Risk	55-65% Body Fat
Extreme Risk	65-75% Body Fat



Clicking on Healthy Weight Calculator will take the Vet Professional back to the Healthy Weight Calculator.

HEALTHY WEIGHT CALCULATOR | **BFI RISK CHART** | WEIGHT LOSS SCHEDULE

USE THE BFI RISK CHART TO ESTIMATE PATIENT'S BFI

Weight (current) 6.8 kg
Body Fat Index 49 %

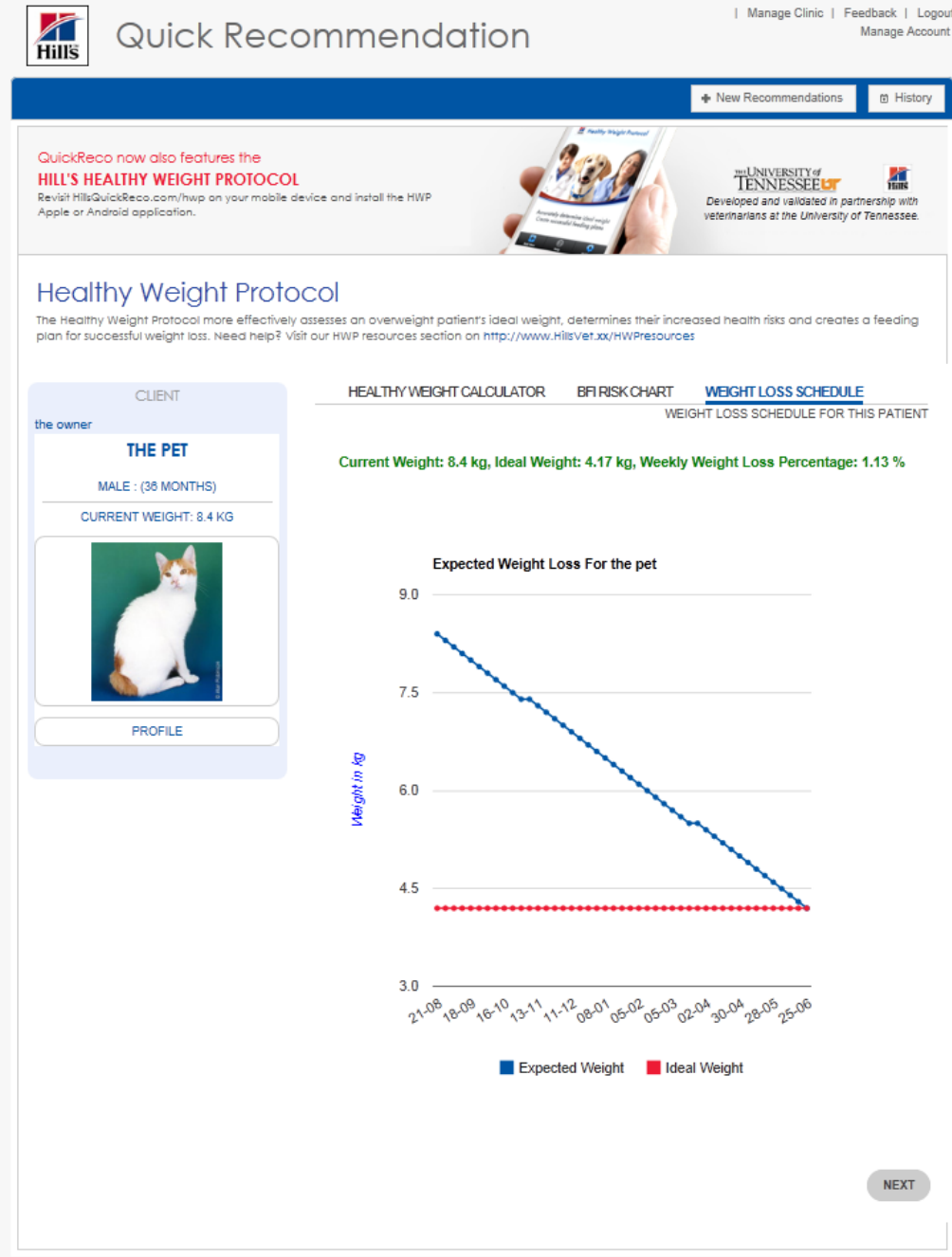
NEXT CALCULATE

Clicking on Next or the Weight Loss Schedule will take the Vet Professional to the Weight Loss Schedule.

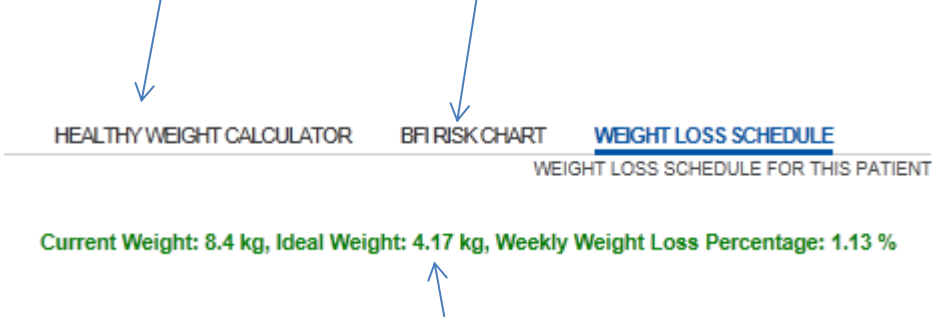
6

Weight Loss Schedule

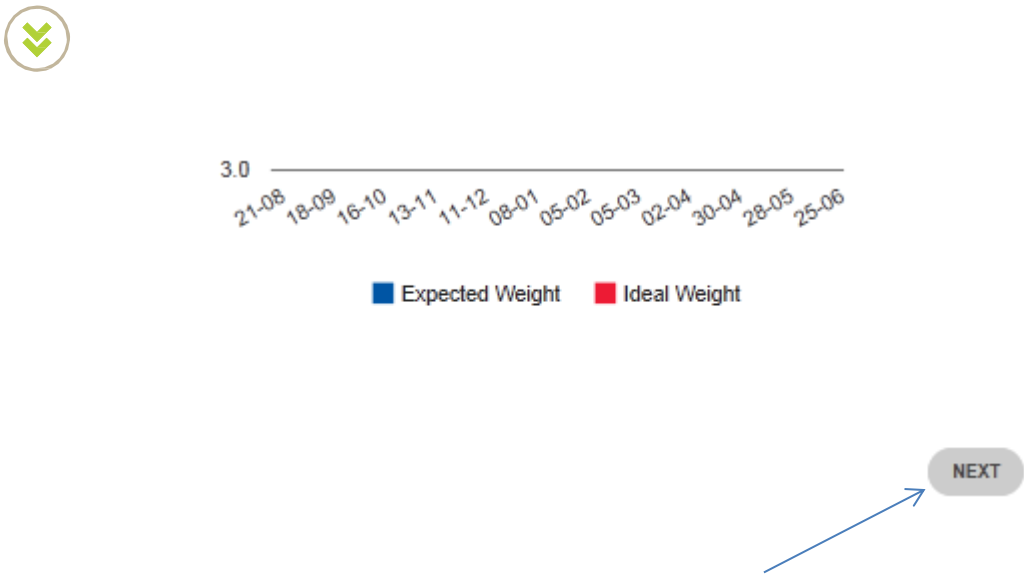
The Weight Loss Schedule is designed to set weight loss expectations with the client. The total weight loss, expected rate of weight loss and total time needed to reach the weight loss goal are depicted in the schedule.



Clicking on Healthy Weight Calculator or the BFI Risk Chart will take the Vet Professional back to either the Healthy Weight Calculator or the BFI Risk Chart.



The Current Weight, Ideal Weight and Weekly Weight Loss Percentage will be calculated and displayed above the graph.



NEXT will take the Vet Professional to the Confirmation page.

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Confirmation

The Confirmation page will allow the Vet Professional to send the following to the Pet Owner:

- Body Fat Index Chart
- Weight Loss Schedule
- Feeding Plan

Or to Preview or Print



Quick Recommendation

[Manage Clinic](#) | [Feedback](#) | [Logout](#)
[Manage Account](#)

New Recommendations

History

Confirmation

Owner's Name

the owner

Pet's Name

the pet

Product

Prescription Diet™
Metabolic™ Feline

Available Reports

☐ Body Fat Index Chart

☐ Weight Loss Schedule

☐ Feeding Plan

Email Recommendation

Client Email

☐ I confirm that the Pet Owner has given me permission to add his/her pet to my patient list.

☐ Follow Up Email

EMAIL RECOMMENDATION

Edit Reco

Preview Reco

Print Reco

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Select any or all of the available reports to be viewed, printed or emailed to the Pet Owner.

Available Reports

☐ Body Fat Index Chart

☐ Weight Loss Schedule

☐ Feeding Plan



Enter the email address of the Pet Owner to receive the reports in PDF format as attachment(s) to the email.

Email Recommendation

Client Email

☐ I confirm that the Pet Owner has given me permission to add his/her pet to my patient list.

☐ Follow Up Email

EMAIL RECOMMENDATION

The Vet Professional must confirm that the Pet Owner has given permission

Feeding Plan



FRIDAY CLINIC

101 FRIDAY

NEW YORK SPAIN 01287

800-555-1212

OWNER'S NAME: OWNERNAME

PET'S NAME: PETNAME

SPECIES: CANINE

DOCTOR'S NAME: FRIDAY FIRDAY

BREED: Bloodhound

GENDER: Female

PET AGE: 24 months

Start Weight: 90.00 kg

Ideal Weight: 0.00 kg

Current Weight: 90.00 kg

Prescription Diet™ Metabolic Canine



Based on your pet's weight and activity level, we recommend you feed petname 0 can of Canned food per day.

Proper nutrition plays an important role in your pet's health and well being. Based on our assessment of your pet, we recommend you feed Prescription Diet™ Metabolic Canine.

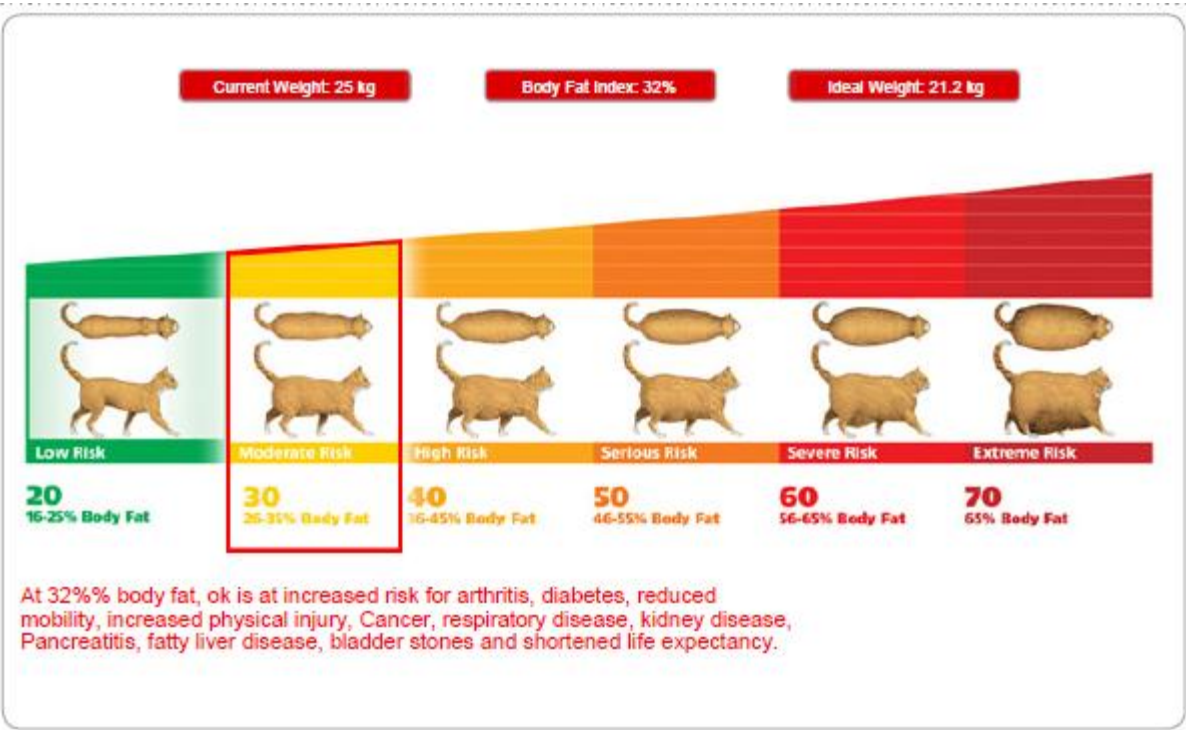
Switching to a New Food

To switch to a new food, gradually mix increasing amounts of the new food with decreasing amounts of the old food over a 7 day period unless otherwise instructed.

Weight Loss Schedule



BFI Chart



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Reports

Reports can be emailed, viewed or printed and will exist in PDF format.

Feedback

The Feedback form will allow the Vet Professional to submit comments to Hills about the Healthy Weight Protocol.



Quick Recommendation

[Manage Clinic](#) | [Feedback](#) | [Logout](#)
[Manage Account](#)

New Recommendations

History

Leave Feedback

We value your feedback. Please complete the form below and provide as much detail as possible to help us fully understand your input.

* Topic

Select One

Title

Mr

* First Name

* Last Name

Phone

Mobile

Country

Austria (+61)

* Email

* Confirm Email

* Preferred Language

Select One

* I am a

Select One

* Comment or Question

Submit

Leave Feedback

We value your feedback. Please complete the form below and provide as much detail as possible to help us fully understand your input.

* Topic

Select One

Select One

Become a New Retailer / Veterinarian

Compliments

Coupons or Promotions

Employment

Healthy Weight Protocol

Innovations & Product Ideas

Legal/Privacy Statement Inquiry

Medical (non-food) Related

Miscellaneous

Not For Profit

Password Question

Product / Ingredients

Product Concern

Product Samples

Rebate Status

Request for Item

Shelter Information

Technical Issues

* Update Personal Information

Where to Buy Prescription Diet

Where to Buy Science Diet

Select Healthy Weight Protocol from the Topic drop down.

* Comment or Question

Submit

Enter Comment or Question and all required fields which are marked with asterisks (*). Submit will send an email to the appropriate Hill's representative.

10

New to Quick Reco? – Registering a Clinic

Registering in Quick Reco is a 3 step process:

- 1. Enter Username and Password
- 2. Enter Clinic Information
- 3. Submit for Administrative Approval



Quick Recommendation

[Login](#) | [Register](#) | [Forgot Password?](#)

English

Account Registration

Email

Your email will not be used for correspondence without your permission.

Password

Password Confirmation

Submit

Select Register and provide email and password.

Message Box at the top of the screen will guide the user.

Please enter your clinic information

Clinic Details

Clinic Name

My Clinic

Street Address

My Street Address

City

My City

Postal Code

My Postal Code

Country

United Kingdom

Submit

Quick Reco is a tool provided to enable specifically tailored nutritional recommendations. It was created to augment the Online and Hard Copy Key. Several factors including age, gender, neutered status are used together with the classic RER/DER calculation to determine a precise nutritional recommendation.

Please complete your profile information

Manage Account

Title

Mr

First Name

Vet

Last Name

Professional

Locale

English

☒ Yes, I would like to receive event invitations (e.g. webinars), newsletters and other professional communication from Hill's. Note: You will be able to unsubscribe to this service at any time on your profile page.

☒ I agree to the website Terms and Conditions.

Submit

Agree to Terms and Conditions is required.

Enter Clinic Information

User Information

Clinic Name

My Clinic

Street Address

My Street Address

Street Address 2

City

My City

Postal Code

My Postal Code

Country

United Kingdom

Phone Number

800-555-1212

can't be blank

Locale

English

☒ Clinic Administrator?

The clinic administrator is the user responsible for administering your clinic's information and users.

Administrative Approval

Hills Clinic ID

Manager Email

mymanager@hills.com

can't be blank

Notification will be sent to the clinic manager regarding the clinic registration.

Submit

Clinic Administrator approval is required.